



M. K. PRINTPACK PVT. LTD.

Printed Cartons & Corrugated Boxes

Dated: 30th October, 2015

Dear Dhara Dedhiya,

We would like to express our appreciation for the highly effective courses, of "The Corporate Happiness Program", a Three Days workshop at Daman, for the benefit of my team members (50 employees), and a Five Days workshop at Mumbai, (30 employees) of M. K. Print Pack Pvt. Ltd., Mumbai, both held in October 2015.

All the participants appreciated the workshops and I personally would like to convey that it benefitted them immediately by adding vigor, energy, focus and concentration at all levels, which translates into raised productivity at the workplace.

It was wonderful to have both a group and individual one-to-one session. It is not very often that we stop and take the time to practice something as beneficial as yoga and meditation, so your workshop created immense awareness.

I would look forward for you to join us again in the future.
It was a pleasure meeting you and I wish you all the best!

Thanking you,
Yours Sincerely,

Mr. Anil Kumar
M. K. Print Pack Pvt. Ltd